



# Care and rehabilitation for the elderly

## Target group

This course is aimed at registered nurses. It has two modules: the first module focuses on rehabilitation after stroke and the second module focuses on care and rehabilitation of people with dementia.

## Didactic

VIA Faculty of Health delivers the training in cooperation with Chinese university partners. Teaching is based on knowledge and experience from Danish health professionals combined with Chinese culture and traditions.

Overall the didactic and pedagogical organization is based on the Danish education system's approach to learning and skill development. Accordingly, the training includes both theoretical knowledge and practical skills. The way of teaching includes classroom training, dialogue, reflection and independent work with case studies.



VIA and Shanghai University of Medicine and Health Science teaches together

## Structure and length

Each module begins with a pretest, and after each module is completed, a final test will be conducted.

Each module has 28 lessons. The training can take place during weekends and afternoons/evenings to fit into the busy working schedule of health professionals.

## Course certificate

VIA issues a course certificate together with the Chinese university partner.

## Language and culture

The course is taught in English. There are two health professional teachers in the class room (one Danish and one Chinese), so both English and Chinese languages can be used for discussions. Furthermore, the course gives access to the Danish culture and the Danish way of thinking concerning elderly care.



Training at Dapuqiao Community Health Center, Huangpu District, Shanghai. (Left: Lily Chu, right: Sisse Charlotte Norre)



Group work

## Contact

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# 老年人的康复与护理

## 目标群体

本课程针对注册护士。它有两个模块：第一个模块的重点是中风后的康复，第二个模块的重点是痴呆症患者的护理和康复。

## 教学

VIA 大学健康学院与中国的大学合作，联合提供培训。

培训以丹麦专业卫生人员的知识和经验为基础，并与中国文化和传统相结合。

总体而言，教学计划是基于丹麦教育系统中学习和发展技能的方法而设计。因此，培训非常重视实际操作和理论相结合。教学方式包括课堂培训、对话、反思和独立进行案例研究。



VIA 大学与上海健康医学院的共同教学

## 结构和长度

每个模块以预测试开始，模块结束后，将进行最终测试。

每个模块有 28 节课。为适应卫生技术人员繁忙的工作，培训可能会在周末或者下午/晚上进行。

## 课程证书

由 VIA 大学和中国的合作大学共同颁发。

## 语言和文化

课程为英语教学。课堂中会有两位卫生专业老师（一位丹麦人，一位中国人），所以英语和中文都可以用于课堂讨论。本课程还可以让大家了解丹麦文化和丹麦人关于老年人护理的思考方式。



在上海市黄浦区打浦桥街道社区卫生服务中心的培训  
(左：储奕，右：Sisse Charlotte Norre)



小组讨论

## 联系方式

想知道更多细节吗？请联系：

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